

Trek Darcha-Karsha -Lamayuru

Here is a chance for hardiest trekker, 14 to 20 kms of rough tough and wonderful views every day for

Zaskar traverse is one of the classic trekking tours of the Himalayan region, the first day 7 hrs. Drive

TRIP FACT:

Region: Lahoul, Zaskar, Ladakh,

Trip Length: 24 days Ex New Delhi,

Ex Manali - Leh: 16 nights 17 days

Grade: Moderate to strenuous

Max. Altitude : Shingo - la (5090mt.),

Best Season: Mid June to September end

OUTLINE TREK ITINERARY

Day 01: Arrival in Delhi

Day 02: Drive Delhi - Manali (2,040m)

Day 03: Manali: Acclimatize.

Day 04: Drive Manali – Rohtang pass (3978m) – Jispa (3300m). Acclimatize.

Day 05: Drive to Palamo (3825m), Trek to Zanskar Sumdo (4,100m).

Day 06: Trek to Chhumik Nakpo (4670m).

Day 07: Trek to Shingola (5090m) - Lakhong (4590m).

Day 08: Trek to Kargyak (4230m).

Day 09: Trek to Purne (3965m).

Day 10: Trek to Phuktal (4055m) and back to Purne.

Day 11: Trek to Vipula (3865m).

Day 12: Trek to Raru (3960m).

Day 13: Drive to Padum (3,530m) -Karsha (3,320 m).

Day 14: Trek to Pishu (3660m).

Day 15: Trek to Hanumil (3650m).

Day 16: Trek to Snertse (3940m).

Day 17: Trek to Lingshed (4100m).

Day 18: Trek to foot of Sengge-la (3,990m).

Day 19: Trek to Sengge-la (5060m) Photoksar (4400m).

Day 20: Trek to Sir Sir-la (4965m) Hanupatta (4070m).

Day 21: Drive to Lamayuru (3750m) – Leh.

Day 22: Leh – Local sight-seeing.

Day 23: Leh - New Delhi

Day 24: Fly home.

Trek Darcha-Lamayuru trip dossier

Day 01: Arrival in Delhi, Fly Manali or Drive to Manali.

Arrival at New Delhi IGI Airport, rest of night in Delhi. Day 02: Delhi to Manali by road or flight. Day 03: Manali to Darcha by road or flight. Day 04: Darcha to Karsha by road or flight. Day 05: Karsha to Lamayuru by road or flight. Day 06: Lamayuru to Leh by road or flight. Day 07: Leh to New Delhi by road or flight. Day 08: New Delhi to home by road or flight.

Day 02: Delhi - Manali (2,040 m) Fly or deluxe bus or private vehicle.

Leaving New Delhi on arrival day by taking deluxe bus, you are arriving Manali today by 10:00 hrs. Res

Day 03: Manali – Acclimatization.

Sight -seeing around Manali or day for final preparation before leaving to Zanskar.

Day 4: Drive to Rohtang La (3978m) - Keylong - Jispa (3300m) 6/ 7 hrs. Acclimatiz

6/7 hrs drive over Rohtang pass (3978mt.), which is the gateway Lahoul and Spiti Pangl and Zanskar v

Day 08: Trek to Kargyak (4230m) 5/6 hrs.

Cross the stream and come to the right side of stream. Walk on a mass of fallen rocks, then cross a small stream. After one hour, you pass beneath the face of the Gomborangjum, then an easy descent to the first village of Zanskar region Kargyak.

Day 09: Trek to Purne (3965m) 6 hrs.

Walking through the Buddhist regions means always go from the left side of Chorten (Stupa) and recite as OM MANE PADME HUM, Continue on the right bank along an easy walk. Reach Tanze

Which a small village, gompa is in ruins a bit higher-up. A short distance beyond Tanze, there is a small bridge across to the left bank. Slight rise in terrain leads to Kuru, a major village of livestock breeders, then arrival in Testa, beautiful village. The path continues downward as near the river. Stay on the left bank, and then climb to Yal. Reaching Yal steep descent towards a large bridge, which you cross to go Purne

Day 10: Trek to Phuktal (4055m) and back to Purne 6 hrs.

Today leaving Purne we go up the right bank of the Tsarap River in to the splendid gorges. Cross a bridge in good condition, walk up for few minutes. A ledge leads to a small plateau sprinkled with Chorten and religious banners. From here see the most spectacular sights in the Zaskar regions, Phuktal monastery which is built under a huge cave. Phuktal belongs to the tradition of Gelukpas (Yellow section) visiting Phuktal we return back by the same route to Purne.

Day 11: Trek to Vipula (3865m) 5/6 hrs.

Today after breakfast from Purne we come back to the bridge, cross the bridge and then go up the left bank. There are frequent small canyons of pudding stones. Pass a bit above a hanging bridge, which leads to the village of Cha. 2hours later reach Kheydang, a small village in a poplar grove. Carry one until Gyalbo teashop. Pass below the village of Surle. The trail is still not good finally reach the campsite of Vipula near teashop. Today road is upto Vipula.

Day 12: Trek to Raru (3960m) 6 hrs.

Today long way to Large bridge which leads to Ichar village, gradual climb before coming to a

major tributary (bridge), then to the campsite of Raru, camp near the lake.

Day 13: Drive to Padum (11,580 ft/3,530 m) -Karsha (10,890 ft/3,320 m) 5/6 hrs.

Leaving the magnificent village and campsite at Raru we cross a beautiful plain covered with flowers. Watch the monastery of Mune. Go down a steep incline to the main trail. After two hours, arrive at Burdan Gompa, a Kargyudpa Monastery famous for its prayer wheel. There are several beautiful villages on the right bank of Tsarap River.

Day 14: Trek to Pishu (3660m) 5 hrs.

Leaving spectacular sight of Karsha, we walk along the left bank of Zanskar River. Above Rinam, small stream and shelter formed by the rocks. See the Thongde monastery on the right side of Zanskar River. Trail further will take us to the Pishu village, a very attractive campsite below the village of Pishu close to Zanskar River.

Day 15: Trek to Hanumil (3650m) 5/6 hrs.

Today we continue along the left bank of Zanskar, sometimes close to river. The great Zanskar River rafting expedition runs from these places to Nimo in Ladakh, bridge before Pidmo, then another 2 hours to the campsite of Hanumil.

Day 16: Trek to Perfi La (4560m) -Snertse (3940m) 6 hrs.

Still today continue on the left bank of the Zanskar River. Cross Small stream on the left, the trail leads away from the edge of the Zanskar and the up to the foot of pass. Steep and difficult climb to Perfi-la (4560mt.), after pass steep descent to Uma Chhu River, cross bridge and up to 500 mtrs.on sandy slope, then one and half hour to the campsite of Snertse.

Day 17: Trek to Hanuma La - Lingshed (4100m) 7/8 hrs.

Very long gradual ascent to the pass of Hanuma-la (4800m.) through gorges 2 and half hour to reach the pass from the camp. A 1000 meters long descent, then another 250m. Climb to small pass of Hanuma La, from pass easy walking to the campsite of Lingshed.

Day 18: Trek to foot of Sengge-la (3,990 m) 6 hrs.

Today leaving Lingshed , 1 hour easy climb to Netoski la (4475m.). Look out the view Nerag, on the other bank of Zanskar River. We descend gradually to the villages of Gongma and Skiumpata. Cross small stream and hour steep climb to pass of Kuba-la (4520mt.) Slowly climb to the campsite of Gazo or foot of Sengge la.

Day 19: Climb to Sengge-la (5060 m) trek to Photoksar (4400 m) 6/7 hrs.

From camp 2 hours steep climb to Sengge-la pass, (5060m.) easy going down to the valley and cross another ford. Short climb to Bhumiktse-la (4520mt.) descent towards Photoksar, Photoksar is a beautiful village at the base of huge mountain wall, cross the bridge and camp near the stream.

Day 22: AT LEH

Sight-seeing in around Leh i.e. Thiksey, Shey, Hemis, Stok palace.

Day 23: Fly New Delhi.

Day 24: Fly home.

Cost Includes:

All trekking and camping gears. 3 men spacious 3 season tent, cozy dining tent, toilet tent.

- Transportation to and fro as per itinerary.
- All meals: Indian, Tibetan, local and continental cuisine.
- Staff: Guide, cook, helpers, trekking mules/horses - and riding horse.
- Medical first aid supply.

Cost excludes:

- Hotel accommodation at Manali and Leh.
- Alcoholic bevarages and soft drinks.
- Personal laundry, Entrance fees at monasteries.

- Personal insurance.
- Personal Tipping to staff.
- Any unforeseen cost arises by natural hazards.